



*Cape CBI proudly offers a
Teen Group
every Monday at 7pm*

Professionally led by Dr. Pamela Fee with teens dealing with:

- Panic
- Tic Disorders
- Phobias
- OCD
- Self Harm
- Social Anxiety
- Body Image/Eating Disorders

This group teaches teens CBT and mindfulness skills for managing the above issues.

Interested in signing your child up? See Jennifer for more information.



Cape CBI

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